

Flatpicking 1

Guitar Vitamin

8va

Rest Strokes - landing on string below after plucking the upper string

T
A
B

0 1 2 1 0 1 2 1

8va

Firm Grip, pushing through the string rather than 'Digging' the string

3

T
A
B

0 1 2 1 0 1 2 1

8va

Try out all 3 approaches and see which works best for you

5

T
A
B

0 1 2 1 0 1 2 1